

# Soap flakes and Marseille soap flakes washing machine soap

(In 15 minutes you will make your laundry soap for the next three months)

## User instructions

For 2 litres of detergent:

- 100g of Marseille soap flakes
- 3 tablespoons of bicarbonate soda
- 2 litres of water
- optional: a few drops of essential oils of your choice (lemon, lavender, etc.)



1- In a large saucepan, put one litre of water and soap on medium heat. Leave on the fire, stirring occasionally, until the water almost boils.

2- Immediately add the bicarbonate (otherwise the soap will solidify). The mixture will foam slightly (so plan a large saucepan). Let sit for an hour.

3- Add one litre of cold or room temperature water, and the essential oil(s) (optional).

4 - Your home laundry detergent is ready! Pour in one or two empty bottles (do not fill completely so you can shake). Shake the bottle well to remove any lumps.

Use 1.5 to 2 caps per wash.

Shake the bottle before use. It is possible that over time the laundry soap thickens. Just add water and shake.

(Recipe apply for both Marseille soap flakes and regular soap flakes).