

Natural and organic cleaning products



Organic soap flakes

No artificial flavour, no preservative and no additive.

Washing machine soap flakes formula:

You could directly use the flakes in your washing machine, but in order to prevent some soap flakes to stick to your clothes and alter the colour, it is best to dissolve the soap flakes, first.

Soap preparation:

For a 5 Kg washing machine

Dissolve 2 table spoons (TS) of soap flakes in a glass of hot water.

If the water is hard (limestone water) add 1 TS of bicarbonate of soda or 1 glass of white vinegar at each washing.

White clothes:

1 or 2 TS of percarbonate of soda
1 Glass of soap preparation

In case of heavy stains, soak the clothes in 2 TS of percarbonate of soda and water for a few hours, then, wash as usual.

Colour clothes:

2 or 3 TS of bicarbonate of soda
1 Glass of soap preparation

Handwashing:

Ideal for handwashing of delicate clothes such as wool, silk, underwear and baby clothes: 2 TS in hot water, dissolve it, let it cool down to a mild temperature, then use it.

Find all formulas in the booklet "DIY, Make your own cleaning products".

Email: foodalivelt@gmail.com or call Andre at 01825 509 158 – 07951 144 122

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Washing machine liquid:

You can make the formula in advance to be ready for use when you need it.

Boil 1 litre of water, remove from the heat and add 40 to 45 g (no more) of soap flakes.

You can add some essential oil: lavender, orange, citrus, etc.

Put the preparation in a big bottle (2 litres) and shake vigorously.

For a 5 Kg washing machine:

1 glass of the washing machine liquid.

If the water is hard (limestone water) or if the clothes are very dirty, add:
1 TS of bicarbonate of soda, or
1 glass of white vinegar at each washing.

Important note:

Be careful with the vinegar, it can damage some types of elastic and cause some synthetic textiles to lose their shape.

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