

# Natural and organic cleaning products

## Citric Acid



*Citric acid plays a key role in all living creatures.*

*It has a very wide variety of uses: Food additive, cosmetics, fizzy drinks, ph regulator. It is used in many fun recipes and can be used to enhance the flavour of your food. It's an amazing antioxidant which is another reason it's a great addition to your recipes.*

*It also descales, cleans and can be an alternative natural cleaner to some smellier ones like vinegar.*

*100 % bio-degradable..*

*Kraft bags are used to package the citric acid making it a plastic - and guilt-free buy.*

*It is produced in Western Europe and has a small carbon footprint during transport.*

### Dishwasher tablet formula:

1 Table Spoon (TS) of Citric acid  
and 1 TS percarbonate.

You can add ½ glass of vinegar at the end for shining glasses.

### Make your own lemonade:

2 TS citric acid  
100g of sugar  
1 lemon juice  
1l of water  
and 4 TS of Bicarbonate of soda (food grade).



### Diabetic lemonade: (make sure your GP agrees)

2 TS citric acid  
100g xylitol  
1 lemon juice  
1l of water  
and 4 TS Bicarbonate of soda (food grade).

Find all formulas in the booklet "DIY, Make your own cleaning products".

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